



Hansell Consulting Group,
a leader in Workplace Wellness,
presents the Fall 2017 Mental Health Workshop

Is all our talk about mental health making us *sick*?

How knowing *about* something is not the same as knowing something

Increasing mental health awareness is not being supported by mental health literacy, which brings challenges to youth, parents, schools and health care providers.

Learn about mental health literacy and why it is so important for improving health.

Keynote speaker:
Dr. Stan Kutcher



Internationally renowned expert and leader in adolescent mental health

Wednesday, November 1st, 2017

Corpus Christi Catholic Secondary School

5150 Upper Middle Road, Burlington

Doors open: 6 pm Keynote: 7 pm

\$10+HST per person

Register online at

<https://mh-literacy.eventbrite.ca>

Registration includes light refreshments, displays from local support service providers, and special advance access to the Winter 2018 Mental Health Workshop.

**For more information, please call
1-877-693-4270.**

**Event
Partner**



**Canadian Mental
Health Association**
Halton Region Branch
Mental health for all