



Canadian Mental  
Health Association  
Halton Region Branch  
*Mental health for all*

Association canadienne  
pour la santé mentale  
Filiale de la région de Halton  
*La santé mentale pour tous*

## JOB POSTING

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**Job Title:** Case Manager, PHAST  
**Job Type:** Full Time  
**Department:** Client Services  
**Division:** Crisis Outreach  
**Section:** Crisis Services  
**Location:** Burlington, ON  
**Hours:** 37.5 hours per week  
**Job Posting #:** 14-2018

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The Canadian Mental Health Association – Halton Region Branch (CMHA-HRB) is seeking a Permanent Case Manager, PHAST. The is a 37.5 hours per week role based part time out of Joseph Brant Hospital and part time in the community. PHAST (Prioritizing Health through Acute Stabilization and Transition) is a short term group based program for individuals who present with acute mental health or addictions needs. In a collaborative partnership with ADAPT, ROCK, JBH and CMHA this is addressing the high needs of the underserved Burlington community and, although in a pilot phase, is backed with stable funds from the HNHB LHIN. The PHAST program is delivered 6 days a week and runs 9am to 9pm. When clients have completed the PHAST phase of their treatment and are ready for next stage community services this role will support clients in the community and provide on-going follow-up and support.

The PHAST program strives to support people who experience mental health issues to:

- Live full and meaningful lives in the community
- Engage and participate in their crisis and recovery planning
- Enhance coping strategies, life skills and social skills
- Have a strong network of reliable and supportive relationships
- Have choices about where to live and work
- Have services that are accountable to the person supported and are available as needed
- Prevent inpatient admission, reduce recidivism to the Emergency Department and reduce length of stay when inpatient care is necessary

The successful candidate will:

- Provide rapid Mental Health and Addictions assessment in the Emergency Department and inpatient mental health unit at JBH
- Provide individual 1:1 support coordination to clients with significant mental health and or substance use issues
- Provide treatment as part of a multi-disciplinary team targeting Acute Stabilization
- Facilitate and deliver rotating schedule of groups in collaboration with team members
- Seamless transfer from episodic crisis management to comprehensive community based care
- Provide continuous support and stabilization to clients as they transfer out of intensive outpatient hospital based services to community based supports



- Make referrals on behalf of clients to a wide variety of community programs and services and work collaboratively with those partners in a multidisciplinary approach
- Support individuals within the mental health system by empowering them, identifying goals and strengths and successfully implementing formal and informal supports
- Develop strategies to assist clients to prevent further crisis and establish personal goals that move them towards recovery
- Promote the development of enhanced capacities and a holistic approach to recovery through enhanced functioning, community involvement and healthier relationships
- Commit to supporting health, safety and wellness of clients according to relevant legislation and agency policies and procedures

### **Responsibilities:**

- Work with individuals to create a holistic service plan, focusing on strengths and capacities, service coordination and the needs of the individual
- Warm transition support/navigation to next stage services
- Facilitate skilled-based groups and organized activities in the areas of social and life skills
- Community outreach and knowledge base of community resources and services
- Work collaboratively with PHAST program and community partners in a multidisciplinary approach
- Manage and support a case load of clients in the community who have completed the PHAST program to ensure continued stabilization and support needs and goals are continued
- Work with clients to provide monitoring and support as they work through their crisis and recovery plans
- Provide support to clients families and friends as appropriate
- Responsible for all aspects of case management and maintenance of client records
- Working hours will be flexible to accommodate client and program need which will include rotating weekends and evenings
- Other duties as assigned

### **Qualifications:**

- Bachelor’s degree in nursing, social work, occupational therapy or a relevant field. Master’s degree is an asset. Regulated health professional (registered social worker or registered nurse) or equivalent preferred
- At least four (4) years’ experience working with individuals with complex mental health concerns
- Knowledge of dual diagnosis and concurrent disorders an asset
- Commitment to the Recovery philosophy of service provision
- Community outreach and knowledge base of community resources and services
- Able to work effectively independently and also within a team environment
- Excellent oral and written communication skills
- Initiative, creativity, flexibility and an openness to change
- Non-violent crisis intervention, first aid, CPR and ASIST certifications are an asset
- The position occasionally entails the transportation of clients. A valid Ontario Class “G” driver’s license and a vehicle with 2 million dollar insurance coverage is required.

**Why work for the CMHA-HRB...**

The CMHA-HRB offers a supportive team environment, flexible work environment, training opportunities, tuition assistance program, competitive vacation package and comprehensive benefits/pension package. We have an enthusiastic team who are dedicated to supporting individuals with mental health concerns within a client-focused environment. Individuals seeking new challenges and opportunities for professional growth are encouraged to apply.

**Interested applicants should send resume and cover letter by December 6, 2018 to: Email:**

[careers@cmhahrb.ca](mailto:careers@cmhahrb.ca)

**Website:** <http://www.cmhahrb.ca>

The CMHA-HRB values and supports employment equity and workplace diversity and encourages all qualified individuals to apply.

CMHA-HRB welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process. To request this posting in an alternative format or to request accommodation in the application process, contact us by phone at 905-693-4270 ext. 5392 or by email to [careers@cmhahrb.ca](mailto:careers@cmhahrb.ca). Only those selected for an interview will be contacted.

Thank you for your interest in CMHA-HRB.

