



**Canadian Mental
Health Association**
Halton Region Branch
Mental health for all

**Association canadienne
pour la santé mentale**
Filiale de la région de Halton
La santé mentale pour tous

JOB POSTING

Job Title:	Peer Support Worker
Job Type:	Part Time (3 days per week)
Department:	Client Services
Division:	Case Management
Location:	Oakville, ON (includes travel within the Mississauga Halton LHIN)
Hours:	22.5 hours per week
Job Posting #:	04-2019

The Canadian Mental Health Association, Halton Region Branch (CMHA-HRB) is seeking one part time Peer Support Worker position. This is a non-clinical role. A Peer Support Worker is a trained individual who has their own lived experience of having a mental health concern and/or substance use/addiction concern who provides support to People Engaging in Services (PES) at the Canadian Mental Health Association – Halton Region Branch, empowering the PES to make choices related to their life based on self-determination.

The position resides within an integrated team of individuals who work closely together to provide meaningful programs, crisis intervention, connections to community services and support for people affected by mental illness and addictions.

Peer Support is a values based practice. Utilizing mainly group based programming the successful candidate will put the values in action through the following:

- Act as a role model in self-care, self-awareness and wellness tools
- Share your common experiences with PES as relevant
- Work collaboratively with PES, co-workers and the community
- Advocate with and, if necessary for, PES; with their consent
- Support PES to address areas of concerns and explore solutions
- Support PES to establish their own goals
- Support PES to create a life of their choosing
- Promote and facilitate education and awareness of peer support and person directed care to PES, co-workers and in the community
- Complete administrative duties and required documentation
- Work collaboratively with team members
- Participate in ongoing program planning and evaluation efforts
- Participate in administrative and reflective practice supervision
- Follow legal requirements and agency policies
- Other duties as required

ESSENTIAL EXPERIENCE AND TRAINING

- Personal experience with mental health concerns and/or substance use/addiction concerns and active in your recovery journey
- Knowledge of programs and services from a client perspective
- Training in Peer Support Work (Ex. Core Skills SHH/TEACH, Core Essentials OPDI)
- WRAP Training Certified
- Peerzone Certified an asset
- ASIST certified

Qualifications:

- Excellent communication and listening skills
- Open and non-judgmental approach
- Ability to understand and connect with individuals. Recognizing and connecting diverse needs and values set
- Alignment with the Core Values of Peer Support
- Comfort sharing your own experiences with others to inspire hope
- Ability to draw on positive strengths and behaviors of others
- Knowledge/familiarity of the mental health, addiction and social service systems
- Understanding of the rights of people using healthcare services, specifically in mental health and substance use/addictions
- Ability to work effectively in an interdisciplinary team
- Excellent facilitation skills
- Well-organized and great ability for time management
- Comfort in working independently, or with minimal oversight
- Ability to effectively complete documentation as required

Why work for the CMHA-HRB...

The CMHA-HRB offers a supportive team environment, flexible work environment, training opportunities, tuition assistance program. We have an enthusiastic team who are dedicated to supporting individuals with mental health concerns within a client-focused environment. Individuals seeking new challenges and opportunities for professional growth are encouraged to apply.

Interested applicants should send resume and cover letter by July 2, 2019 to: Email:

careers@cmhahrb.ca

Website: <http://www.cmhahrb.ca>

The CMHA-HRB values and supports employment equity and workplace diversity and encourages all qualified individuals to apply.



CMHA-HRB welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process. To request this posting in an alternative format or to request accommodation in the application process, contact us by phone at 905-693-4270 ext. 5392 or by email to careers@cmhahrb.ca. Only those selected for an interview will be contacted.

