why didn't you look for me Don't you Carrot all? Oh, I knew you'd Turnip Sconer or lates.

"Laughter is the best medicine in the world" Milton Berle

"Let food be thy medicine, thy medicine be thy food" Hippocrates

"I couldn't get the laughter out of my head. It wasn't career. It wasn't even a choice. It was a calling" Carol Burnett

"A day without laughter is a day wasted" Charlie Chaplin

Bring your dish of choice and let's eat and laugh together over zoom.

×

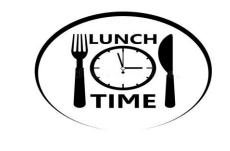
Canadian Mental Health Association Halton Region Branch Mental health for all

Mid-Week Lunch N' Laugh

FREE Summer Weekly Zoom Drop-In Group

When: Every Wednesday in July and August

Time: 12-1:30 PM



To register or ask any questions email peermentors@cmhahrb.ca

Please include a phone # where you can be reached